

September 2010

Mon	Tue	Wed	Thu	Fri
<p>The children have a choice of 1% chocolate or 2% white milk with each meal. USDA is an equal opportunity employer and provider.</p>		<p>1 Soft Beef Taco w/cheese Lettuce & Tomato Cup Salsa Cup Spanish Rice Brownie w/nuts Milk</p>	<p>2 Breaded Baked Fish Nuggets Macaroni & Cheese Steamed Peas & Carrots Dinner Roll Applesauce Cup Milk</p>	<p>3 Grilled Hotdog on Bun Baked Potato Wedges Vegetarian Baked Beans Strawberry Cup Goldfish Cup Milk</p>
<p>6 LABOR DAY NO SCHOOL NO DAY CARE</p>	<p>7 Pepperoni Pizza Tossed Salad Crouton Cup Fresh Apple Milk</p>	<p>8 Taco Salad w/seasoned meat, cheddar cheese & diced tomato (optional) Salsa Cup Apple Slices w/cinnamon *Soft Pretzel * Milk</p>	<p>9 Cheeseburger on Bun Baked French Fries Lettuce & Tomato Cup Dill Pickle Spears Graham Crackers Milk</p>	<p>10 Deli Turkey & Cheese Wrap Lettuce & Tomato Cup Baked Tater Tots Fruit Mix Cup Brownie w/nuts Milk</p>
<p>13 Homemade Tomato Soup Grilled Cheese Sandwich Saltine Crackers w/cheese cup Fruit & Nut Mix Milk</p>	<p>14 Rotini Pasta w/meat sauce Tossed Salad Crouton Cup Italian Bread Fresh Apple Milk</p>	<p>15 Soft Chicken Taco w/cheese Lettuce & Tomato Cup Salsa Cup Mexican Corn Applesauce Cup Animal Crackers Milk</p>	<p>16 Grilled Ham Slice Macaroni & Cheese Steamed Broccoli Wheat Roll Pineapple Cup Milk</p>	<p>17 Pizza Burger on Bun w/mozzarella cheese Baked Breaded Onion Rings Baby Carrots w/dip Mandarin Orange Cup Milk</p>
<p>20 Pancake & Sausage Wrap w/syrup Hash Brown Patty Orange Juice Cup Fresh Blueberry Cup w/whip topping Milk</p>	<p>21 Homemade Cheese Pizza Tossed Salad Crouton Cup Fresh Apple Milk</p>	<p>22 Cheeseburger on Bun Baked French Fries Dill Pickle Spears Elf Grahams Milk</p>	<p>23 Deli Ham & Cheese Wrap Lettuce & Tomato Cup Baked Tater Tots Peach Cup Milk</p>	<p>24 Beef Stroganoff Steamed Rice Steamed Green Beans Dinner Roll Applesauce Cup Milk</p>
<p>27 Baked Corndog Nuggets Rice Pilaf Steamed Peas Mini Pretzels w/cheese cup Applesauce Cup Milk</p>	<p>28 Baked Ziti w/meat sauce & mozzarella cheese Tossed Salad Crouton Cup Italian Bread Milk</p>	<p>29 Chef Salad w/diced ham, turkey, cheddar cheese & tomato (optional) Crouton Cup Breadstick Strawberry Cup Milk</p>	<p>30 Sloppy Joe on Bun Baked Potato Wedges Vegetarian Baked Beans Apple Slices w/cinnamon Teddy Grahams Milk</p>	<p><i>*This item is offered to 7th & 8th grade students only to meet the NSLP nutritional requirements*</i></p>

